

Body measurements charts

All measurements are in centimeters (cm).

NS40 Layer Men	S	M	L	XL	XXL
Chest	108	112	116	120	124
Waist	108	112	116	120	124
Bottom Width	109	113	117	121	125
Sleeve Length	66	67.5	69	70.5	72
NS40 Vest Men	S	M	L	XL	XXL
Chest	109	113	117	121	125
Waist	109	113	117	121	125
Bottom Width	110	114	118	122	126

How to measure for a great fit

For the most accurate results, measure over a thin layer and keep the tape snug (not tight). **Note:** Flat measurements are taken on the garment, not on the body.

Body measurements

Chest/Bust

Measure around the fullest part of your chest, under your armpits and across your shoulder blades. Keep the tape level all the way around.

Waist

Measure around your natural waist (the narrowest part of your torso). If you prefer, measure where your pants normally sit—just be consistent.

Garment measurements (flat)

Bottom Width

Lay the garment flat and smooth it out without stretching. Measure straight across the bottom hem from one side seam to the other.